



Complementary and Alternative Health Care Client Bill of Rights

As of July 1, 2001, the Freedom of Access to Complementary Care Law requires that you receive and acknowledge by your signature that you have received the following information prior to your treatment.

Education of Massage Therapist: Classic Western Relaxation massage including effleurage, petrissage, tapotement, friction and vibration, and passive stretching. Human anatomy and physiology for massage therapists, ethics, professionalism, and communication skills for health care professionals. All of our therapists are NCTMB certified, and have training in specialties beyond a minimum basic education of 844 hours.

"The state of Minnesota has not adopted any educational and training standards for unlicensed complementary and alternative health care practitioners. This statement of credentials is for informational purposes only. Under Minnesota law, an unlicensed complementary and alternative health care practitioner may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments. If a client desires diagnosis from a licensed physician, chiropractor, or acupuncture practitioner, or services from a physician, chiropractor, nurse, osteopath, physical therapist, dietitian, nutritionist, acupuncture practitioner, athletic trainer, or any other type of health care provider, the client may seek such services at any time."

- Any concerns you might have, address with your massage therapist or the facility owners.
- If your concerns have not been met, you have the right to express them and file your complaints with: MN Department of Health, Office of Unlicensed Complementary and Alternative Health Care Practice, P.O. Box 64882, St. Paul MN 55164-0882 Phone 651-201-3721 or 651-201-3731 Fax 651-201-3839
- You have the right to reasonable notices of changes in services or charges. Payment is due at the time of service unless you have a prepaid package. Full session payment is due if cancellation occurs within 12 hours of scheduled appointment start time. Current fees as of Sept 1, 2014 are: 30 minute session \$50, 60 minute session \$70, 90 minute session \$95, 2 hour session \$125.
- Massage is the systematic and scientific manipulation of the soft tissues of the body to prevent and alleviate pain, discomfort, muscle spasm, and stress; as well as promote health and wellness. Massage therapists utilize Western massage techniques from the Swedish tradition including: gliding, kneading, friction, vibration, percussion, and passive stretching, and depending on their training level advanced techniques that address pain and dysfunction in muscle and connective tissues.
- You have the right to complete and current information concerning any massage specific assessment your therapist has made and any recommended service to be provided, including the expected duration of service.
- You may expect courteous and respectful treatment from massage therapists and to be free from verbal, physical, or sexual abuse by therapists and facility staff.
- Your records and all transactions with the facility are confidential, unless release of these records is authorized in writing by you, or otherwise provided by law.
- You have the right to access and read your records in accordance with sections 144.291 to 144.298
- Other massage and bodywork services may be available to you in the community. Please ask your massage therapist or facility staff member for any information you would like.
- You have the right to choose freely among available massage and bodywork practitioners and to change practitioners after services have begun, within the limits of health insurance or other health programs.
- You have the right to coordinated transfer of your records when there will be a change in the provider of services. If you choose to see another massage therapist or health care provider, your records will be transferred at your request.
- You have the right to refuse treatment at any time during a massage therapy session.
- You may assert the above mentioned rights without retaliation from the massage therapist.

My signature acknowledges that I have received the Complementary and Alternative Health Care Client Bill of Rights.

client name

certified massage therapist | Be Wellness LLC

signature

signature

date

date